











## April 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
   	<p>1 12:30 Gentle Yoga 1:30-4pm Free PLAY Games 6-7pm Zumba Fitness 6pm H2OFit Club 7pm Silver Yoga</p>	<p>2 9-11am Men's Breakfast 10am Zumba Fitness 1-4pm Mahjong &amp; Mingle 1:45pm H2O Fit Club</p> <p>6pm  <i>Bunco Night</i></p>	<p>3 Golf League (Times Vary) 9:30am Women's Coffee &amp; Chat 10:30am Rhythm &amp; Moves Tap Dance Class 6pm H2OFit Club 6:30pm Mahjong &amp; Mingle</p>	<p>4 12:30-1:30pm Chair Yoga 1:45pm H2O Fit Club 1-3pm Cribbage Card Club 6pm Zumba Fitness 6:30pm Pickle Ball Open Play</p>	<p>5 Noon Friday Flick: Movie Matinee 1-4pm Mahjong &amp; Mingle 5:30-7:30pm Heritage Happy Hour</p>	<p>6  11am <b>CARDIO FIT</b></p>
7	<p>8 10am LADIES <i>Tea &amp; Talk</i> 12:30 Gentle Yoga 1:30-4pm Free PLAY Games 6-7pm Zumba Fitness 6pm H2OFit Club 7pm Silver Yoga</p>	<p>9 9-11am Men's Breakfast 10am Zumba Fitness 1-4pm Mahjong &amp; Mingle 1:45pm H2O Fit Club</p>	<p>10 Golf League (Times Vary) 9:30am Women's Coffee &amp; Chat 10:30am Rhythm &amp; Moves Tap Dance Class 6pm H2OFit Club 6pm MOVIE NIGHT 6:30pm Mahjong &amp; Mingle</p>	<p>11 12:30-1:30pm Chair Yoga 1:45pm H2O Fit Club 1-3pm Cribbage Card Club 6pm Zumba Fitness 6:30pm Pickle Ball Open Play 7pm <i>Comedy &amp; Cocktails</i></p>	<p>12 1-4pm Mahjong &amp; Mingle 5:30-7:30pm Heritage Happy Hour 7pm <i>Night Cap BLACK JACK</i></p>	<p>13 9am-Noon <i>Lifestyle</i> ROUND TABLE</p>
14	<p>15 12:30 Gentle Yoga 1:30-4pm Free PLAY Games 6-7pm Zumba Fitness 6pm H2OFit Club 7pm Silver Yoga</p>	<p>16 9-11am Men's Breakfast 10am Zumba Fitness 1-4pm Mahjong &amp; Mingle 1:45pm H2O Fit Club 6:30pm <i>Pickle Ball CLINIC</i> -8:30pm</p>	<p>17 Golf League (Times Vary) 9:30am Women's Coffee &amp; Chat 10:30am Rhythm &amp; Moves Tap Dance Class 6pm H2OFit Club 6-7pm Ping Pong Social 6:30pm Mahjong &amp; Mingle</p>	<p>18 12:30-1:30pm Chair Yoga 1:45pm H2O Fit Club 1-3pm Cribbage Card Club 6pm Zumba Fitness 6:30pm Pickle Ball Open Play</p>	<p>19 11:30am LADIES LUNCHEON 1-4pm Mahjong &amp; Mingle 5:30-7:30pm Heritage Happy Hour</p>	<p>20  11am <b>CARDIO FIT</b></p>
21	<p>22 12:30 Gentle Yoga 1:30-4pm Free PLAY Games 6-7pm Zumba Fitness 6pm H2OFit Club 7pm Silver Yoga</p>	<p>23 9-11am Men's Breakfast 10am LADIES <i>Tea &amp; Talk</i> 10am Zumba Fitness 1-4pm Mahjong &amp; Mingle 1:45pm H2O Fit Club</p>	<p>24 Golf League (Times Vary) 9:30am Women's Coffee &amp; Chat 10:30am Rhythm &amp; Moves Tap Dance Class 6pm H2OFit Club 6:30pm Mahjong &amp; Mingle</p>	<p>25 12:30-1:30pm Chair Yoga 1:45pm H2O Fit Club 1-3pm Cribbage Card Club 6pm Zumba Fitness 5:30pm <i>POKER NIGHT</i> 6:30pm Pickle Ball Open Play</p>	<p>26 1-4pm Mahjong &amp; Mingle 5:30-7:30pm Heritage Happy Hour</p>	<p>27 8-11am <b>VIZCAYA Spring Treasure SALE</b></p>
28	<p>29 11am <i>Burgers AND BADGES</i> 12:30 Gentle Yoga 1:30-4pm Free PLAY Games 6-7pm Zumba Fitness 6pm H2OFit Club 7pm Silver Yoga</p>	<p>30 9-11am Men's Breakfast 10am Zumba Fitness 1-4pm Mahjong &amp; Mingle 1:45pm H2O Fit Club 7pm Book Club</p>	<p><i>Hop to it... Spring is here!</i></p>			
<p>3-4pm <i>Recipe Swap AND SOCIAL</i></p> 						

Where will The Heritage Lifestyle take you today?